

Pulaski Academy and Central School

Body Mass Index (BMI) Survey Opt-Out Form

As part of a required school health examination, a student is weighed and his/her height is measured. These numbers are used to figure out the student's body mass index or "BMI". The BMI helps the doctor or nurse know if the student's weight is in a healthy range or is too high or too low. New York State Education Law requires that BMI and weight status group be included as part of the student's school health examination. Our school is part of the survey conducted by the New York State Department of Health biennially (i.e. every 2 years). We will be reporting to New York State Department of Health information about our students' weight status groups. Only summary information is sent. No names and no information about individual students are sent. However, you may choose to have your child's information excluded from this survey report.

The information sent to the Department of Health will help health officials develop programs that make it easier for children to be healthier.

If you do not wish to have your child's weight status group information included as part of the Health Department's survey, please print and sign your name below and return this form to:

Middle School-High School Nurse
4624 Salina Street
Pulaski, NY 13142
315-298-5103

Elementary School Nurse
2 Hinman Road
Pulaski, NY 13142
315-298-2412

Please do not include my child's weight status information in the school survey

Print Child's Name

Date

School Year

Print Parent/Guardian Name

Parent/Guardian Signature